

《高考英语真题作文范文：自律（2020年北京卷）》

2020年北京卷

第二节(20 分)

假设你是红星中学高三(1)班班长李华。居家学习期间，你们班开展了一次以“自律”为主题的调研活动。请根据以下四幅图的先后顺序，写一篇英文稿件，给你们学校英文网站投稿，记述你在本次活动中发现问题并解决问题的过程。

注意：词数不少于 60。

提示词：自律 self-discipline

范文：

During our home learning period, Class 1 of Senior High Three at Red Star High School embarked on a research activity focusing on "self-discipline." As the class monitor, I initiated this endeavor to understand how my peers were managing their studies independently.

Initially, we compiled survey results revealing that many students struggled with maintaining focus and adhering to study schedules. Concerned by these findings, we convened a group discussion seeking solutions. Ideas were exchanged, and it was decided that online discussions could provide additional support and motivation.

We organized regular virtual meetings where everyone shared their experiences and challenges. This collaborative approach not only fostered a sense of community but also enhanced individual accountability.

Three months later, a follow-up survey demonstrated significant improvement in self-discipline levels among classmates. The power of collective effort and ongoing communication had transformed our study habits positively.

在居家学习期间，红星高中高三(1)班开展了一项关于“自律”的研究活动。作为班长，我发起这项行动，旨在了解我的同学们是如何独立管理自己的学习的。

最初，我们整理了调查结果，发现许多学生在保持专注和遵循学习计划方面存在困难。对这些发现感到担忧，我们召集了一次小组讨论，寻求解决方案。大家交换了意见，并决定在线讨论可以提供额外的支持和动力。

我们组织了定期的虚拟会议，每个人都在会上分享了自己的经验和挑战。这种协作方式不仅培养了社区意识，还增强了个人责任感。

三个月后，一次跟进调查显示同学们的自律水平有了显著提高。集体努力和持续沟通的力量积极地改变了我们的学习习惯。

