

## 《高考英语阅读理解真题133(含答案解析)》

2018年北京卷

第二部分：阅读理解(共两节，40分)

第一节(共15小题：每小题2分，共30分)

阅读下列短文，从每题所给的A、B、C、D四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

### My First Marathon (马拉松)

A month before my first marathon, one of my ankles was injured and this meant not running for two weeks, leaving me only two weeks to train. Yet, I was determined to go ahead.

I remember back to my 7th year in school. In my first P.E. class, the teacher required us to run laps and then hit a softball. I didn't do either well. He later informed me that I was "not athletic".

The idea that I was "not athletic" stuck with me for years. When I started running in my 30s, I realized running was a battle against myself, not about competition or whether or not I was athletic. It was all about the battle against my own body and mind. A test of wills!

The night before my marathon, I dreamt that I couldn't even find the finish line. I woke up sweating and nervous, but ready to prove something to myself.

Shortly after crossing the start line, my shoe laces (鞋带) became untied. So I stopped to readjust. Not the start I wanted!

At mile 3, I passed a sign: "GO FOR IT, RUNNERS!"

By mile 17, I became out of breath and the once injured ankle hurt badly. Despite the pain, I stayed the course walking a bit and then running again.

By mile 21, I was starving!

As I approached mile 23, I could see my wife waving a sign. She is my biggest fan. She never minded the alarm clock sounding at 4 a.m. or questioned my expenses on running.

I was one of the final runners to finish. But I finished! And I got a medal. In fact, I got the same medal as the one that the guy who came in first place had.

Determined to be myself, move forward, free of shame and worldly labels (世俗标签), I can now call myself a “marathon winner”.

36. A month before the marathon, the author .

- A. was well trained
- B. felt scared
- C. made up his mind to run
- D. lost hope

37. Why did the author mention the P.E. class in his 7th year?

- A. To acknowledge the support of his teacher.
- B. To amuse the readers with a funny story.
- C. To show he was not talented in sports.
- D. To share a precious memory.

38. How was the author 's first marathon?

- A. He made it.
- B. He quit halfway.
- C. He got the first prize.
- D. He walked to the end.

39. What does the story mainly tell us?

- A. A man owes his success to his family support.

B. A winner is one with a great effort of will.

C. Failure is the mother of success.

D. One is never too old to learn.

**答案解析：**

36. C 根据第一段中的"I was determined to go ahead."可知，作者在马拉松比赛前一个月，尽管脚踝受伤，但他决心继续参加比赛。因此，选项C "made up his mind to run"(下定决心要跑)符合题意。

37. C 根据第二段中的"I didn't do either well. He later informed me that I was 'not athletic'."可知，作者提到七年级的体育课是为了展示他在运动方面没有天赋。因此，选项C "To show he was not talented in sports"(为了显示他在运动方面没有天赋)符合题意。

38. A 根据最后一段中的"But I finished! And I got a medal."可知，作者虽然不是第一个完成比赛，但他确实完成了马拉松。因此，选项A "He made it"(他做到了)符合题意。

39. B 文章主要讲述了作者在脚踝受伤、训练时间不足的情况下，凭借坚定的意志完成了他的第一个马拉松。因此，选项B "A winner is one with a great effort of will"(赢家是那些付出巨大意志努力的人)最能概括文章的主旨。